



# NORTH COUNTY FIRE AUTHORITY EMERGENCY PREPAREDNESS NEWSLETTER

JULY 2023

## IT'S WILDFIRE SEASON

85% of all wildfires are  
caused by humans.

Be careful while enjoying your public lands.



### NATIONAL PET FIRE SAFETY DAY

JULY 15TH



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- HOME FIRE SAFETY

EMERGENCY

CALL  
911



FIRE  
POLICE  
MEDICAL  
RESCUE

# BE PREPARED FOR A WILDFIRE



## PREPARE FOR A WILDFIRE.

HAVE AN EMERGENCY KIT READY IN CASE YOU ARE ASKED TO LEAVE YOUR HOME.



## PROTECTING FROM WILDFIRE: CREATING A DEFENSIBLE SPACE

Drought, warmer temperatures, high winds, dried vegetation — wildfires are spreading. Be prepared — remove anything within 30 feet that could burn (woodpiles, spare lumber, vehicles, boats, etc).



Acres that have been burned in the last decade



Homes in designated Wildland Urban Interface (WUI) environments



Communities located in WUI zones



## AVOID HEAT-RELATED ILLNESSES

Heat stroke (sun stroke) is a medical emergency. Even with immediate treatment, it can be life-threatening or cause serious long-term problems.

### PREVENTION TIPS

- Pay attention to the heat and modify your activities appropriately
- Don't wait until you're thirsty to drink more fluids
- Wear loose-fitting, lightweight and light-colored clothing
- Drink plenty of cold fluids and avoid alcoholic drinks

### WARNING SIGNS



Muscle cramps



Dilated or constricted pupils



Confusion or disorientation



Headache, nausea or vomiting





# FIRE SAFETY



Keep a lid or cooking sheet nearby when you are cooking at high temperatures on the stove.



STAY IN THE KITCHEN WHEN YOU ARE COOKING TO PREVENT A FIRE.



Do not leave food cooking unattended

**Prevent clothes dryer fires.**

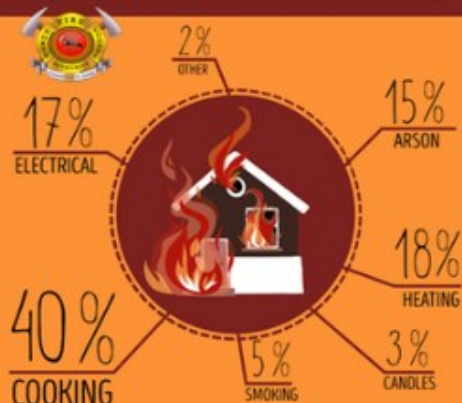
Clean lint filters every time you use the dryer. Clean your dryer vent ductwork every year.

## Fire Safety Tips & Tricks

YOU'RE the BEST Prevention Against Fire



### TOP CAUSES OF HOUSE FIRES



2 out of every 3 American Households DO NOT have an Plan to Escape a Home Fire

Roughly 2 out of every 3 fire deaths happen in homes without working smoke alarms

**The Leading Cause of Kitchen Fires**  
Unattended Cooking

Stay in the kitchen while frying, broiling, or grilling.

8%

50%

1/3

Americans first reaction to hearing a smoke alarm is to get out

Of Home Heating Fires are reported in December, January & February

Candle Fires Start in the Bedroom

According to NFPA

# HOME SAFETY



## FIRE SAFETY TIPS FOR YOUR HOME

### Fire detectors save lives

Install smoke and carbon monoxide detectors and remember to charge the batteries.

### Create an escape plan

Ensure all members of the family know the emergency exits at home in case of fire.

### Switch off appliances

Double check and make sure appliances are not left running after use.

### Monitor your extinguishers

Constantly check your fire extinguishers and replace as necessary.

### Clean vents and dryers

Clean lint filters after use and ensure all vents are unobstructed.



**BE AWARE AND STAY SAFE!**

