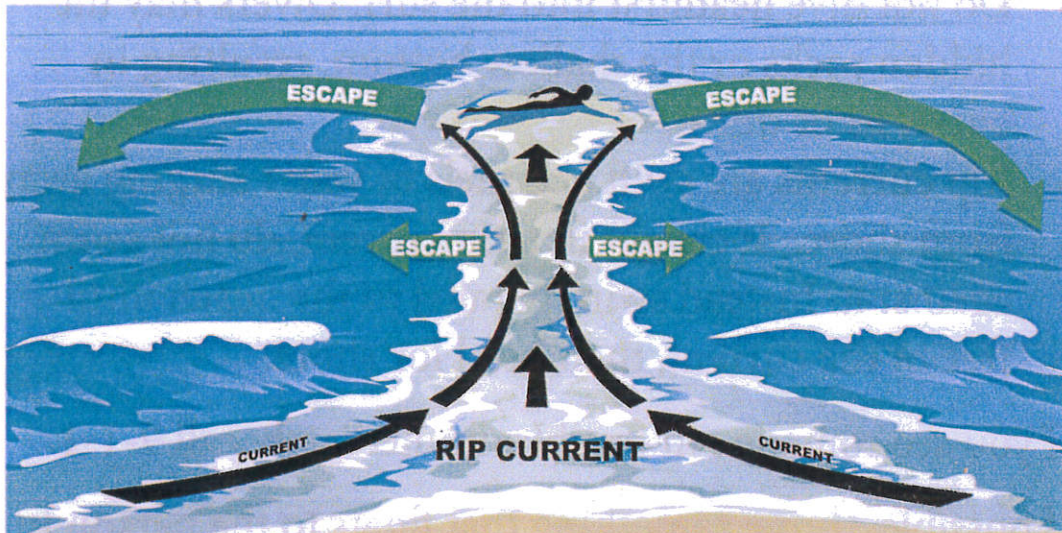


BEACH SAFETY TIPS

Rip Currents
Mapanganib Na Alon
Corrientes Peligrosas
危險的退潮流



Rip currents are powerful currents of water moving away from shore.
They can pull even the strongest swimmer out to sea !!

If In Doubt, Don't Go Out!

THINGS YOU SHOULD KNOW

Learn how to swim (before you go).

Never swim alone.

The ocean can be dangerous; enter at your own risk!

If in doubt, don't go out!

PEOPLE HAVE DROWNED AT LOCAL BEACHES!!!!

- Keep an eye on the surf. Rogue waves hit the shore without warning. They can knock down children and adults and drag them into deep water.
- Be wary of backwash. Even normal waves can create a dangerous rush of water that can knock you off your feet and pull you out into the ocean.
- Do not dive headfirst into the surf. Divers may hit hidden rocks or the shallow bottom, resulting in paralysis or death.
- Rip currents are swift channels of water surging away from shore. If caught in a rip current, do not swim against it. Instead swim parallel to the beach until free of the current, then head for shore.

If you see someone in trouble, immediately call 9-1-1.

If possible, throw something that floats to the person in danger. Many people drown while trying to save someone else.

REACH OR THROW DON'T GO!!!